

**Lakeside Aquatic Club  
2024 Speedo Sectional Championship Series  
Saturday, March 9  
Preliminary Time Line**

**WOMEN'S POOL**

|           |                                    | <u>No. of Heats</u> | <u>Est. Start Time</u> |
|-----------|------------------------------------|---------------------|------------------------|
| Event #17 | Women's 200 Yard Freestyle         | 13                  | 9:00 AM                |
| Event #19 | Women's 100 Yard Breaststroke      | 15                  | 9:31 AM                |
| Event #21 | Women's 100 Yard Butterfly         | 18                  | 9:55 AM                |
| Event #23 | Women's 400 Yard Individual Medley | 10                  | 10:22 AM               |

**5 MINUTE BREAK**

|           |                                  |   |          |
|-----------|----------------------------------|---|----------|
| Event #25 | Women's 800 Yard Freestyle Relay | 0 | 11:18 AM |
|           | <b>End of Session</b>            |   | 11:18 AM |

**MEN'S POOL**

|           |                                  | <u>No. of Heats</u> | <u>Est. Start Time</u> |
|-----------|----------------------------------|---------------------|------------------------|
| Event #18 | Men's 200 Yard Freestyle         | 20                  | 9:00 AM                |
| Event #20 | Men's 100 Yard Breaststroke      | 22                  | 9:44 AM                |
| Event #22 | Men's 100 Yard Butterfly         | 24                  | 10:18 AM               |
| Event #24 | Men's 400 Yard Individual Medley | 13                  | 10:51 AM               |

**5 MINUTE BREAK**

|           |                                |   |          |
|-----------|--------------------------------|---|----------|
| Event #26 | Men's 800 Yard Freestyle Relay | 0 | 11:57 AM |
|           | <b>End of Session</b>          |   | 11:57 AM |

**Relay cards for events #25 & #26 are due by 10:30 AM at the Clerk of Course.**

**TIME TRIAL ENTRIES WILL CLOSE AT 10:30 AM!!!**  
Time Trials will start 15-30 minutes after the preliminary session ends.

**Check-in for the 1650 Freestyle is due by 7:00 PM today.**  
**Scratch box for tomorrow's events closes at 7:00 PM today.**