

Unofficial Time Line for Preliminary Sessions
Lakeside Aquatic Club
2024 Speedo Sectional Championship Series
March 7-10, 2024

Estimated Preliminary Time Line, Prior to Scratches

WOMEN'S POOL

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Thursday, March 7

1	W 200y Medley Relay	5	5:00 PM
	5 MINUTE BREAK		
3	W 1000y Freestyle	6	5:16 PM
	5 MINUTE BREAK		
5	W 400y Freestyle Relay	5	6:27 PM
	Thursday Session End		6:48 PM

Thursday, March 7

2	M 200y Medley Relay	7	5:00 PM
	5 MINUTE BREAK		
4	M 1000y Freestyle	5	5:20 PM
	5 MINUTE BREAK		
6	M 400y Freestyle Relay	7	6:16 PM
	Thursday Session End		6:43 PM

Relay cards for all of Thursdays's relay events are due by 4:00 PM at the Clerk of Course.

Scratch box closes at 6:30 PM Thursday for Friday's events.

Friday, March 8

7	W 100y Freestyle	19	9:00 AM
9	W 200y Breaststroke	15	9:26 AM
11	W 200y Backstroke	13	10:10 AM
13	W 500y Freestyle	14	10:44 AM
	5 MINUTE BREAK		
15	W 200y Freestyle Relay	0	11:40 AM
	Friday Preliminaries End		11:40 AM

Friday, March 8

8	M 100y Freestyle	27	9:00 AM
10	M 200y Breaststroke	18	9:35 AM
12	M 200y Backstroke	15	10:23 AM
14	M 500y Freestyle	11	10:59 AM
	5 MINUTE BREAK		
16	M 200y Freestyle Relay	0	12:02 PM
	Friday Preliminaries End		12:02 PM

Relay cards for events #15 & #16 are due by 10:30 AM at the Clerk of Course.

Scratch box closes at 7:00 PM Friday for Saturday's events.

Saturday, March 9

17	W 200y Freestyle	14	9:00 AM
19	W 100y Breaststroke	16	9:33 AM
21	W 100y Butterfly	19	9:59 AM
23	W 400y Individual Medley	10	10:27 AM
	5 MINUTE BREAK		
25	W 800y Freestyle Relay	0	11:24 AM
	Saturday Preliminaries End		11:24 AM

Saturday, March 9

18	M 200y Freestyle	21	9:00 AM
20	M 100y Breaststroke	23	9:46 AM
22	M 100y Butterfly	25	10:21 AM
24	M 400y Individual Medley	14	10:56 AM
	5 MINUTE BREAK		
26	M 800y Freestyle Relay	0	12:06 PM
	Saturday Preliminaries End		12:06 PM

Relay cards for events #25 & #26 are due by 10:30 AM at the Clerk of Course.

Scratch box closes at 7:00 PM Saturday for Sunday's events.

Check-in for the 1650 Freestyle is due by 7:00 PM today.

Sunday, March 10

27	W 200y Butterfly	11	9:00 AM
29	W 100y Backstroke	15	9:37 AM
31	W 200y Individual Medley	20	10:01 AM
33	W 50y Freestyle	24	10:51 AM
	5 MINUTE BREAK		
37	W 400y Medley Relay	0	11:06 AM
35	W 1650y Freestyle	2	11:06 AM
	Saturday Preliminaries End		11:43 AM

Sunday, March 10

28	M 200y Butterfly	17	9:00 AM
30	M 100y Backstroke	18	9:41 AM
32	M 200y Individual Medley	20	10:06 AM
34	M 50y Freestyle	29	10:55 AM
	5 MINUTE BREAK		
38	M 400y Medley Relay	0	11:25 AM
36	M 1650y Freestyle	4	11:25 AM
	Saturday Preliminaries End		12:33 PM

*** 1650M Freestyle ***

The fastest 8 women and fastest 8 men that elect to swim PM will swim in finals in event order.

Relay cards for events #37 & #38 are due by 10:30 AM at the Clerk of Course.

Note: The Official Time Line will be printed
in each day's preliminary heat sheet.

**** Time Trials desk closes at 10:30 AM Friday and Saturday****
Time Trials will start 20 minutes after the preliminary session ends.

**Competition Pool Clears 15 minutes prior
to the beginning of each session.**

*** 1650M Freestyle ***

**Will be swum fastest to slowest as the last heats in prelims.
* Heat Schedule will be posted by end of Saturday Finals ***