



LAC External PE Policy

Many schools offer External or Off-Campus Physical Education Programs. The purpose of these programs is to accommodate **students who are making a serious effort to develop high level capabilities in swimming and other sports.**

Each ISD has unique and specific program guidelines of which LAC has no control over, nor is LAC expected to provide any special accommodation to students participating in an External or Off-Campus PE Program.

LAC agrees with the purpose of these programs and seeks to maintain a cooperative relationship with every ISD that serve our swimmers by adhering to the requirements of these Programs.

In order to uphold the goal of External/Off-Campus PE Programs, LAC will:

- Be accurate and transparent when reporting the practice group training hours
- Only approve External/Off-Campus PE for athletes who are making a serious effort to develop high-level capabilities and show a greater than average commitment and dedication to the sport
- Be accurate when reporting each swimmer's attendance

Swimmer/Parent Responsibilities

- It is the responsibility of the swimmer and parent to thoroughly research and understand their specific ISD's policy and understand whether or not their particular training group provides the required number of hours to qualify them for External/Off-Campus PE
- It is also the responsibility of the swimmer and parent to present External/Off-Campus PE paperwork to their primary coach well in advance of the ISD's deadline
- The swimmer must ATTEND enough training sessions to qualify them for the required number of hours
- The swimmer must satisfy the goal of the ISD Program in that the Program is for athletes making serious effort to develop high-level capabilities in swimming
- The swimmer must have a demonstrated history of commitment and dedication to swimming