



LAC Parent Code of Conduct

CODE OF CONDUCT CONTRACT FOR LAKESIDE AQUATIC CLUB PARENT MEMBERS - PART OF MEMBERSHIP AGREEMENT SIGNED UPON JOINING LAC AND RENEWED EACH YEAR

Purpose

The purpose of this code of conduct is to be consistent with the Lakeside Aquatic Club and USA Swimming mission, and will act to promote the pursuit of excellence in all aspects of the sport of swimming.

Parent Promise

I, _____, as a parent member of Lakeside Aquatic Club, I understand that I am a part of an organization that believes in teamwork, integrity, respect and good sportsmanship. I promise to show respect, demonstrate common courtesies, and exemplify good sportsmanship to swimmers, coaches, parent members, and officials while I am at practices, meets, or other team activities. I support the values of honesty, discipline, commitment, and hard work. By signing this Code of Conduct, I agree to follow behavioral rules set forth while a my son or daughter is an active member of Lakeside Aquatic Club. In addition, I understand that any standards set forth by USA Swimming take precedence and must be followed.

Parent Responsibility Pledge

- I/We will demonstrate good sportsmanship by conducting myself in a manner that earns the respect of my child, other swimmers, parents, officials, and coaches.
- I/We will not coach or instruct the team or any swimmer at a practice or meets (from the stands or any other area) or interfere with coaches on the pool deck.
- I/We will abide by facility rules when at practices and meets.
- I/We understand that I am not to step onto the pool deck unless I am registered with USA Swimming per USA Swimming guidelines.
- I/We will permit my child to be an active participant in team practices, competitions, fundraising events, and other team activities, doing my best to assure that they arrive on time to practices and meets.
- I/We will send my child to all team sponsored events in appropriate attire.

- I/We understand that disrespectful, vulgar, or abusive spoken language, and/or written language (text, email, social media), or inappropriate gestures directed toward swimmers, coaches, officials, or parent members will not be tolerated.
- I/We understand that during competitions, questions or concerns regarding decisions made by meet officials shall be directed to LAC coaching staff personnel, not to the meet officials.
- I/we will insist at all times that my child abstain from alcohol, tobacco, drugs, or other prohibited substances.
- I/we expect our child to treat fellow swimmers, coaches, officials, parents, and spectators with respect regardless of race, age, sex, religion, or ability.
- I/we will not make inappropriate physical contact with any swimmer.
- I/We have read the Swimmer Code of Conduct and understand that if our child should violate any code of conduct rules, he/she risks disciplinary action, including but not limited to team expulsion.
- I/We will report concerns to appropriate staff.

Should any member conduct themselves in such a way that brings discredit or discord to LAC, or USA Swimming, they voluntarily subject themselves to disciplinary action as seen fit by the LAC Board of Directors and/or Coaching Staff. Upon notification of any violation of the Code of Conduct, a review committee comprised of coaching staff and the Board of Directors, shall promptly investigate the circumstance of the violation and request an informal hearing. The review committee will determine what disciplinary action, if any, shall be taken. The Head Coach and Board of Directors maintain the right to terminate any LAC member in the interest of LAC's mission and objectives.

I agree to abide by the rules set forth by the LAC Parent Code of Conduct. I understand that if I violate any of the rules, I risk disciplinary action including but not limited to suspension and expulsion from the team events, meets, practices, or facilities.